

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
HAPPY EASTER 31	11:15 Sittercise (AR) 1 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) ** 1:45 Wii Bowling (AR) 3:00 Bingo (AR) * Duck Hunting Season is Open *	AM Doctor Transports 2 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 2:00 Poetry Appreciation Group (LB) 3:00 Balloon Volleyball 5:45 Movie Night, (AR) **	8:30 Men's Breakfast R&T 3 11:15 Sittercise (AR) 11:30 Safeway/Dollar Tree R&T 1:45 Wii Bowling (AR) 3:00 Bingo (AR)	PM Doctor Transports 4 9:00 Walk Wapato R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Jeopardy (AR)	9:00 Mobile Library (JB) 5 11:15 Sittercise (AR) 1:00 Fred Meyer R&T 1:00 5 Card Draw Poker (AR) 2:00 Raffle Bingo! (AR)	9:30 St. Vincent De Paul 6 Communion (Care Station Fireside) 10:00 Bridge (AL) 1:00 Craft Time with Ora! (CR) 2:00 Show & Tell (JB)	
9:30 Group Hymn Singing (JB) 7 1:00 Wii Bowling (AR) 3:30 Name That Tune (JB)	11:15 Sittercise (AR) 8 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters 2:15 Wine & Cheese (JB) 3:00 Bingo (AR) * Duck Hunt Day *	AM Doctor Transports 9 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (AR) 1:30 Scenic Drive R&T 3:00 Balloon Volleyball (JB) 5:45 Movie Night, (AR) **	9:30 Muckleshoot Casino R&T 10 11:15 Sittercise (AR) 1:00 Round Table Meeting (JB) 2:00 Purple Party! Alzheimer's Association June 8th Walk-a-Thon registration Party! (JB)	PM Doctor Transports 11 9:00 Walk Ruston Way R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 12:30 Imagine Monet, an Immersive Art Exhibit R&T - cost \$28.00 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Armchair Travel (AR) 5:15 Singin' with Sid (JB)	11:15 Sittercise (AR) 12 1:00 5 Card Draw Poker (JB) 2:00 Raffle Bingo (AR) 3:00 Charades (JB)	9:30 St. Vincent De Paul 13 Communion (Care Station Fireside) 10:00 Bridge (AL) 1:00 Craft Time with Ora! (CR) 2:00 Show & Tell (JB)	
9:30 Group Hymn Singing (JB) 14 1:00 Wii Bowling (AR) 3:30 Trivia Time (JB)	11:15 Sittercise (AR) 15 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR) 4:00 Therapy Dog Visits (JB) * Duck Hunt Day *	AM Doctor Transports 16 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 2:00 Live Music, CeeCee! (JB) 3:00 Balloon Volleyball (JB) 5:45 Movie Night, (AR) **	9:30 Target/Trader Joe's R&T 17 11:15 Sittercise (AR) 1:00 Activity Meeting (JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR)	PM Doctor Transports 18 9:00 Walk Edgewood R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Jeopardy (AR) 5:30 Casino Royale (Fairfield R&T)	11:15 Sittercise (AR) 19 11:30 Ladies Lunch, Jimmy Mac's R&T 1:00 Tai Chi (AR) 1:00 5 Card Draw Poker (JB) 3:00 Raffle Bingo (AR)	9:30 St. Vincent De Paul 20 Communion (Care Station Fireside) 10:00 Bridge (AL) 1:00 Craft Time with Ora! (CR) 2:00 Show & Tell (JB) 5:00 Karaoke with Alex! (AR)	
9:30 Group Hymn Singing (JB) 21 1:00 Wii Bowling (AR) 3:30 Name That Tune (JB)	11:15 Sittercise 22 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR) * Duck Hunt Day *	AM Doctor Transports 23 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 2:00 Poetry Appreciation Group (LB) 3:00 Balloon Volleyball (JB) 3:30 Dining Out Ranchitos! R&T 5:45 Movie Night (AR) **	9:30 Costco/WalMart R&T 24 11:15 Sittercise (AR) 1:00 Talk Soup (Gardens DR) 1:45 Wii Bowling (AR) 3:00 Bingo (AR)	PM Doctor Transports 25 9:00 Walk King County Ball Fields R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Happy Hour (JB)	11:15 Sittercise 26 1:00 5 Card Draw Poker (JB) 2:00 Raffle Bingo! (AR) 3:00 Charades (JB)	9:30 St. Vincent De Paul 27 Communion (Care Station Fireside) 10:00 Bridge (AL) 1:00 Craft Time with Ora! (CR) 2:00 Show & Tell (JB)	
9:30 Group Hymn Singing (JB) 28 1:00 St. Luke's Service On Campus (HS JB) 3:30 Trivia Time (JB)	11:15 Sittercise 29 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR) 4:00 Therapy Dog Visits (JB) * Last Day of Duck Hunt Season *	AM Doctor Transports 30 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 2:00 Poetry Appreciation Group (LB) 3:00 Balloon Volleyball (JB) 5:45 Movie Night (AR) **	<div style="border: 1px solid black; padding: 5px;"> <p>AR - Activity Room BOLD BLACK - Outings LB - Library BOLD BLUE - Live Entertainment JB - Juice Bar RED - Medical Transports DR - Dining Room BOLD PURPLE - Special Events CR - Craft Room BOLD ORANGE - Meetings BOLD GREEN - Seminars</p> <p>R - requires reservation T - transportation is provided ** Resident Led Activity</p> </div>				

*** Doctor Transports *** AM 7:30 to 11:30 / PM 12:30 to 4:00

HEARTHESIDE & GARDENS APRIL

All Month

It's time for a scavenger hunt! Tiny plastic ducks will be hidden in both buildings all month long. Grab yourself a small bag and collect the most ducks! The winner will receive the golden duck!

04/10

It's a Purple Party! We are hosting a Walk-a-Thon, here on campus in support of Alzheimer's Awareness on June 8th. Come to this fun party to learn more & register!

4/11

Join us for a unique experience with friends and neighbors at the Immersive Monet Art Exhibit (Cost 28.00)

4/18

Get dressed up, Black Tie Formal, and join us for a fancy & fun evening of spirits, games, and hopefully good luck! See flyers for more details.

NEW ACTIVITY

Join us for our first Tai Chi class! This class will be taught by an outside instructor who has been leading Tai Chi classes for 25 years. Tai Chi is a very gentle, slow paced exercise designed to calm the body and mind. We hope to see you there!